## God's Word is our Great Heritage



## Cougar Chronicle

## April 11, 2012

Upcoming Events:

Sun Apr 15 8 &10:30 am Worship 9:15 am Sunday School

Wed Apr 18 8:20 am Chapel Extension Cords: Mr. Festerling needs electric extension cords for lighting and sound for the musical. These should be at least 16/3 or 14/3 gauge cords, 25 feet long or longer, nothing longer than 50 feet. If you have one he can use, please bring it to school by Friday of this week. Thank you!

All-School Musical: Students in grades Pre-K - 8th grade will present their musical, My Country, a salute to America, on Sunday, April 22nd at 3:00 PM. Refreshments will be served in the cafeteria following the performance.

Patriotic Treats for Musical: All families are asked to bring Patriotic treats for the fellowship time after the musical. Recipe suggestions have been emailed along with the Cougar Chronicle today. Parents signed up to work for it are Amanda Berg, chair, Lynn and Patty Schaffran, Julie Lyons, and Amy Doering.

**Children's Theater** Students in grades K-5 will be attending the MLC Children's Theater production of The Emperor's New Clothes on Friday, April 27th. We will be leaving school at 8:45 AM and return by 3:00 PM. Lunch will be provided. We could still use one driver.

Field Trip: Grades 3 – 5 will be traveling to Walnut Grove on Tuesday, May 8<sup>th</sup> to visit the Ingalls Homestead and the Laura Ingalls Wilder Museum. Please send a sack lunch with your child for the day. We have enough drivers for the day. Thank you!

PTF: The Parents, Teachers and Friends (PTF) of Samuel will meet on Monday, April 23rd at 6:30 PM. One of the items on the agenda will be the election of officers for next school year.

**Birthdays this** month!! James VanKampen - 5 Andrew VanKampen - 19 why not join us. Bailey Wolff - 25

Wednesday Chapel: As you know every Wednesday morning the student body and faculty meet in the gym for a chapel service. This service is conducted by Pastor Schreiner. We are also privileged once a month to have Pastor Berg of Wood Lake and Pastor VanKampen of Cottonwood leading the service. We begin chapel at 8:15 and are usually done by 8:45. Everyone is invited to worship with us. If you have this time free,



## Kindergarten Community Helpers:

**COMMUNITY HELPERS AT HY-VEE:** We visited the Hy-Vee Grocery Store. We met Mrs. Chaplin at the Service Desk. She told us that we can mail letters or packages, get pictures made, drop off and pick up dry cleaning and do lots of other things at the service desk. Then she told us about the newest part of Hy-Veethe clinic. You can go there if you are sick and they will help you. You can also go to the pharmacy at Hy-Vee and get medicine. They have a special drive-thru so you don't even have to get out of your car to get your medicine. Next, we went to the bank that they have in Hy-Vee. They told us that they have the job of keeping our money safe. We got candy from them. After this we went to the Frozen Food part of the store. The freezers are really cold but they have heated floors there so you don't get too cold when you are shopping in there. Next we went in the back part of the store where they keep all the extra milk, cheese, and yogurt. They can fill the store shelves from the back so sometimes when you are shopping, you might see a hand reaching out to you when you are getting milk! After this, we saw all the shelves where they store the extra paper towels, canned things, and other extra groceries. Everything was piled to the ceiling PLUS they have two big semis to store more things! Mrs. Chaplin showed us a room where people were working to make sure that all the things in the store have the right price. They use computers to do this job. Next we saw the place where they keep all the fruits and vegetables. Mr. Reinhart told us they get fruits and vegetables from all over the world. He told us all about bananas-one banana is called a finger, a bunch of bananas is called a hand, they grow upside down on a stem, and are GREEN when they come to the store! He gave us bananas to take back to school for a snack. After that, we went back out to the regular part of the store and stopped at the meat department. We saw shrimp and clams and lots of other fish. Then it was on to the bakery. We saw a REALLY BIG bowl and dough hook that they use to make bread. We also got to watch them decorate a cake-she did it really fast!! Another lady put frosting on two cupcakes and made them look like a dog!! They gave us lots of cookies to take back to school for a snack. Next, Mrs. Chaplin showed us all the different kinds of cheese they sell. They get cheese from lots of different countries. We got to watch them cook noodles and make crab rangoon in the Chinese kitchen. We saw where they keep the hot foods hot and the cold foods cold so people can come to the store and have meals there. We got to taste a RED banana. Our last stop was at the flower shop. We saw the cool room where they keep all kinds of flowers. They gave us carnations to take home. Then it was time to go back to school. We saw and learned a lot at the grocery store. The people who work there are important community helpers!

**DOCTORS AND NURSES ARE COMMUNITY HELPERS:** Mrs. Flock came and talked to us about her job as our school nurse. As our school nurse, she weighs and measures us to be sure that we are growing the way we should. She checks our eyes and ears to be sure they are healthy so we can learn better. She also keeps track of all the shots we have had. It is very important to have all your shots so you stay healthy. She talked to us about what we can do to stay healthy. You need to eat the right foods, get plenty of exercise and fresh air, and you also need to get lots of sleep. Mrs. Flock has worked in a lot of different places as a nurse. She got to deliver babies and has also worked helping people after they had surgery. Now she works at a nursing home taking care of people who are sick or old and can't take care of themselves. Nurses can do many things. They can give you medicine if you are sick so you can get better. They can teach people how to stay healthy by eating the right foods. They can give you shots so you don't get bad diseases. Mrs. Flock brought a stethoscope so we could listen to our hearts and lungs. Nurses and doctors are important community helpers. Thank-you Mrs. Flock!